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WoDiLab

SIMPLIFY AND STRENGTHEN YOUR COURSE PATH

Refine your 3–5 main stages so they feel clear, specific, and confidence-building.

ACTION CHECKLIST

☐ **Step 1 – Review your existing 3–5 stages**
Look at the stages you created in the previous lesson without changing anything yet.

☐ **Step 2 – Apply the Clarity Rule**
Rewrite each stage using: Action + Specific Focus + Clear Direction.

☐ **Step 3 – Simplify and sharpen**
Remove vague wording, unnecessary words, or abstract language.

☐ **Step 4 – Test flow and confidence**
Check whether your stages feel logical, progressive, and achievable.

Step 1 – Review your existing 3–5 stages

Copy your 3–5 main stages exactly as they are now:
Stage 1: _____
Stage 2: _____
Stage 3: _____
Stage 4: _____
Stage 5 (if applicable): _____

Now pause.
Do they feel:

- Clear?
- Specific?
- Action-oriented?
- Easy to explain?

Notes:

Step 2 – Apply the Clarity Rule

Use this structure:

Action + Specific Focus + Clear Direction

Instead of:
"Improve communication"

Write:
"Communicate in ways that reduce daily conflict."

Instead of:
"Plan your garden"

Write:
"Plan your vegetable garden layout for your available space."

Now rewrite your stages:

Refined Stage 1:
_____

Refined Stage 2:
_____

Refined Stage 3:
_____

Refined Stage 4:
_____

Refined Stage 5 (if needed):
_____

Step 3 – Simplify and sharpen

Now check each refined stage.
Ask:

- Can I remove unnecessary words?
- Does it still feel high-level (not detailed lessons)?
- Is it clear what someone will actually do?
- Is it practical rather than abstract?

If a stage feels heavy, simplify it.

Adjusted versions:
Stage 1:

_____

Stage 2:

_____

Stage 3:

_____

Stage 4:

_____

Stage 5:

_____

Remember:
You are not adding more.
You are making it clearer.

Step 4 – Test flow and confidence

Now step back and look at the whole path.

Ask yourself:

- [ ] Does it flow from simple to more advanced?
- [ ] Does each stage clearly lead to the next?
- [ ] Can I explain my course in under one minute?
- [ ] Does it feel achievable?

If needed, reorder your stages here:
Final Stage 1:

_____

Final Stage 2:

_____

Final Stage 3:

_____

Final Stage 4:

_____

Final Stage 5:

_____

Final Reflection

This lesson is not about expansion.
It is about focus.
A clear structure builds confidence.
Confidence builds commitment.
Your MVC does not need to include everything you know.
It needs to feel clear, focused, and achievable.

Milestone Submission

For this lesson:

1. Update your refined 3–5 stages in your **WoDiLab Milestone Tracking Document (Milstone 8)**
2. Tag your mentor

You earn:
• 1 XP – watching the lesson
• 2 XP – completing the worksheet
• 2 XP – submitting your milestone

Total: 5 XP